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**THEBUMP.COM AND FORBESWOMAN.COM CO-PARENTING SURVEY REVEALS
NEARLY 1 IN 5 WORKING *AND* STAY-AT-HOME MOTHERS FEEL LIKE
“MARRIED SINGLE MOMS”**

MORE THAN TWO-THIRDS HARBOR RESENTMENT TOWARD THEIR PARTNER

**APPROXIMATELY 3 IN 4 MOMS FEEL THAT DISCIPLINING THE CHILDREN IS A ROLE SHARED
EQUALLY**

NEW YORK (June 15, 2011) – TheBump.com (www.thebump.com), a leading website for [expectant](#) and [first-time parents](#), and [ForbesWoman.com](#), a website for the career-minded woman, today revealed the results of a co-branded “Co-Parenting” survey. This one-of-a-kind survey, promoted on both ForbesWoman.com and TheBump.com, polled more than 1,200 working and stay-at-home moms about their co-parenting habits and experiences with their partner. Survey results reveal everything from how moms feel about their parenting and household responsibilities to how often their partner helps out and gives them a break.

“Moms have an innate aspiration to do it all and a secret desire to be superwoman,” says Carley Roney, editor in chief of TheBump.com. “But balancing parenting work, household responsibilities and work at the office is an extremely challenging task. This survey reveals that whether working or stay-at-home, moms today are taking on more responsibility than ever and feeling overwhelmed and resentful of their partners as a result.”

According to ForbesWoman reporter Meghan Casserly: “These survey numbers tell us that, despite the conversations on the changing picture of parenthood and sharing of responsibilities at home, not all that much has changed since women first stepped into the workforce. And it’s exhausting! Besides being on a treadmill of work, family, household, repeat, many women feel largely on their own when it comes to home and kids.”

Highlights from TheBump.com and ForbesWoman.com “Co-Parenting” survey include:

*** BOTH WORKING AND STAY-AT-HOME MOMS FEEL LIKE A “MARRIED SINGLE MOM.”** With a majority of moms surveyed feeling overwhelmed without enough parenting breaks, 24% of working and 28% of stay-at-home moms surveyed agreed that sometimes they feel like a “married single mom.”

*** FEELINGS OF RESENTMENT DOMINATE.** Whether they’re working or not, moms overall say they feel resentful toward their partner because of the unbalanced load of household and parenting responsibilities (70% of working moms and 68% of stay-at-home moms). In fact, approximately a third of all moms say they definitely feel their partner could be more helpful or supportive (33% of working moms and 31% of stay-at-home moms).

*** 29% OF WORKING MOMS STILL DO ALMOST ALL THE PARENTING AND HOUSEHOLD WORK.** Of the working moms surveyed, 29% do the bulk (76% to 100%) of the shopping, cleaning, cooking and other non-parenting tasks, and 31% do the majority (76% to 100%) of parenting work as well. Between working, parenting and household work, nearly half of these moms (47%) say they still almost never receive a break from parenting, whereas a majority of their partners (93%) still receive a time-out.

***HALF OF STAY-AT-HOME MOMS DON'T GET A MOMMY BREAK EVER.** Of stay-at-home moms, 84% don't get a break from parenting after their partner walks in the door at night, despite the fact that an overwhelming majority of them (97%) say they need at least an occasional time-out from parenting. In fact, 50% of stay-at-home moms say they *never* receive a time-out from parenting, while 96% say their partner manages to get a time-out.

*** A MAJORITY OF BOTH WORKING AND STAY-AT-HOME MOMS FEEL OVERWHELMED BY RESPONSIBILITIES.** In addition, 92% of working moms surveyed and 89% of stay-at-home moms surveyed feel overwhelmed by work, home and parenting responsibilities, yet more than half of both groups (61% of working moms and 66% of stay-at-home moms) don't have assigned specific household tasks with their partners.

*** DISCIPLINING THE CHILDREN IS A ROLE SPLIT EVENLY BETWEEN MOMS AND THEIR PARTNERS.** Despite the majority of parenting and household work falling under the responsibility of moms, 79% of working moms and 71% of stay-at-home moms say they and their partner are equally responsible for discipline.

To receive a full copy of the survey results, or to speak with an editor from TheBump.com or ForbesWoman.com, please contact Melissa Bach, mbach@theknot.com, or Melanie Scharler, mscharler@forbes.com.

[About TheBump.com](#)

The Bump is the only multiplatform brand focused exclusively on first-time moms looking for the inside scoop on fertility, pregnancy and new mommyhood, reaching millions of moms each year through The Bump Baby Network, including TheBump.com, Breastfeeding.com and *The Bump* local guide. The Bump editorial team, "born" on The Knot, provides new moms stage-by-stage advice, stylish ideas, local resources, interactive tools and a savvy online community who are obsessed with knowing about everything baby. The Bump is a part of The Knot Inc. (NASDAQ: KNOT), the premier media company devoted to weddings, pregnancy and everything in between.

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